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The Heart Approach to Healing

Below are three astonishing experiments carried out at the Institute of Heart Math which proves how the DNA can heal itself through "feelings."

This new phenomenon--the DNA phantom effect was first observed in Moscow at the Russian Academy of Sciences as a surprise effect during experiments measuring the vibrational modes of DNA in solution using a sophisticated and expensive MALVERN laser photon correlation spectrometer (LPCS) [5]. These effects were analysed and interpreted by Gariaev and Poponin [6].

Dr. Vladimir Poponin is a quantum physicist and biologist who is recognized world wide as a leading expert in quantum biology. He is the Senior Research Scientist at the Institute of Biochemical Physics of the Russian Academy of Sciences.

EXPERIMENT 1

This first experiment was conducted by Dr Vladimir Poponin, where a container was emptied by creating a vacuum within it; then the only thing left in it were photons (particles of light).

They measured the distribution (i.e. the location) of the photons and found they were completely random inside the container. This was the expected result. Then some DNA was placed inside the container and the distribution (location) of the photons was re measured. This time the photons were LINED UP in an ORDERED way and aligned with the DNA. In other words the physical DNA had an effect on the nonphysical photons.

After that, the DNA was removed from the container, and the distribution of the photons was re measured again. The photons REMAINED ORDERED and lined up where the DNA had been. What are the light particles connected to? Gregg Braden says we are forced to accept the possibility that some NEW field of energy, a web of energy, is there and the DNA is communicating with the photons through this energy field.

Since our body is made up of photon particles, then this experiment also suggests that whatever information that is in our DNA, affects those around us. Science has now discovered that genes can be influenced by our environment and information that one receives and transmits through the magnetic field of our DNA.

EXPERIMENT 2

These were experiments done by the military. Leukocytes (white blood cells) were collected for DNA from donors and placed into chambers so they could measure electrical changes. In this experiment, the donor was placed in one room and subjected to "emotional stimulation" consisting of video clips, which generated different emotions in the donor.

The DNA was placed in a different room in the same building. Both the donor and his

DNA were monitored and as the donor exhibited emotional peaks or valleys (measured by electrical responses), the DNA exhibited the IDENTICAL RESPONSES AT THE EXACT SAME TIME. There was no lag time, no transmission time. The DNA peaks and valleys EXACTLY MATCHED the peaks and valleys of the donor in time.

The military wanted to see how far away they could separate the donor from his DNA and still get this effect. They stopped testing after they separated the DNA and the donor by 50 miles and STILL had the SAME result. No lag time; no transmission time. The DNA and the donor had the same identical responses in time. What can this mean? Gregg Braden says it means that living cells communicate through a previously unrecognized form of energy. This energy is not affected by time and distance. This is a non-local form of energy, an energy that already exists everywhere, all the time.

EXPERIMENT 3

The third experiment was done by the Institute of Heart Math and the paper written about this, titled: Local and Non local Effects of Coherent Heart Frequencies on Conformational Changes of DNA. In this experiment, some human placenta DNA (the most pristine form of DNA) was placed in a container from which they could measure changes in the DNA. Twenty-eight vials of DNA were given (one each) to 28 trained researchers. Each researcher had been trained how to generate and FEEL feelings, and they each had strong emotions.

What was discovered was that the DNA CHANGED ITS SHAPE according to the feelings of the researchers. When the researchers FELT gratitude, love and appreciation, the DNA responded by RELAXING, the strands unwound and the length of the DNA became longer. When the researchers FELT anger, fear, frustration, or stress, the DNA responded by TIGHTENING UP. It became shorter and SWITCHED OFF many of our DNA codes! If you've ever felt "shut down" by negative emotions, now you know why your body was equally shut down too. The shutdown of the DNA codes was reversed and the codes were switched back on again when feelings of love, joy, gratitude and appreciation were felt by the researchers. This experiment was later followed up by testing HIV positive patients. They discovered that feelings of love, gratitude and appreciation created 300,000 TIMES the RESISTANCE they had without those feelings. So here's the answer to what can help you stay well, no matter what dreadful virus or bacteria may be floating around. Stay in feelings of joy, love, gratitude and appreciation!

These emotional changes went beyond the effects of electro-magnetics. Individuals trained in deep love were able to change the shape of their DNA. Gregg Braden says this illustrates a new recognized form of energy that connects all of creation. This energy appears to be a TIGHTLY WOVEN WEB that connects all matter. Essentially we're able to influence this web of creation through our VIBRATION.

MODULATION OF DNA BY COHERENT HEART FREQUENCIES
Glen Rein, PhD. and Rollin McCraty, M.A.)

Popp's demonstration of quantum coherence in biological systems (1) along with the authors' demonstration that quantum fields can influence neurological (2) and immunological functions (3), support the possibility of a coherent endogenous electromagnetic field within the body. This hypothesis is also supported by two recent findings from the Institute of Heart Math (4). These studies demonstrated a) coherence in the ECG frequency spectra of individuals whose attention was focused in the heart area while generating deep feelings of love, care or appreciation and b) a correlation between the ECG coherent patterns and those also occurring in the brain and other parts of the body. These results support the Institute's theory that the heart acts as a master electrical oscillator capable of radiating coherent frequencies which promote the health and vitality of the entire human system (5,6). The theory also proposes that physiological benefits of coherent heart frequencies are mediated through DNA. The theory is supported by Popp's demonstration that DNA emits quantum coherent photons (7). One of the first steps in testing this hypothesis would be the demonstration that DNA is modulated by individuals producing coherence in the ECG frequency spectra.

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