

Energy Medicine and the Multidimensional Model by Debra Greene notes

<http://www.noetic.org/noetic/issue-three-october/energy-medicine-and-the-multidimensional-model/>

notes: This theoretical model holds that a human being consists of multiple layers, or dimensions, that coexist simultaneously. There is general agreement about four main dimensions: the physical-etheric, the emotional, the mental, and the spiritual.

Versions of the multidimensional model have been discussed over the years at annual conferences of the International Society for the Study of Subtle Energies and Energy Medicine (ISSSEEM),

The most substantiated version of the multidimensional model has been advanced by William Tiller, professor emeritus at Stanford University and former chair of the Materials Science department. T

Tiller's multidimensional model was used by Richard Gerber, a practicing physician trained in internal medicine and devoted to researching vibrational healing. Gerber became a definitive authority on energy medicine with the publication of his seminal contribution *Vibrational Medicine*

The etheric body is the inner substantial form, the "internal scaffolding," upon which the dense physical body is built. It consists of a vitality-rich energy that goes by several names: for example, *chi* in China, *ki* in Japan, *prana* in India, or *mana* in Hawaii.

According to the ancients, the etheric body is a complex energy/information matrix that interpenetrates the dense physical body and extends beyond it for several inches. The etheric body powers the physical body through a sophisticated network of energy centers, distribution lines called *meridians* in Chinese medicine, and the branching of smaller and smaller energy capillaries called *nadis*, a Sanskrit term for "channels." This network has been validated by a number of modern scientific methods, including *magnetic resonance imaging*(MRI). The energy centers are often referred to as *chakras*, a Sanskrit word that means round or wheel. These, too, have been experimentally verified with electrostatic measurements as well as electromyography (EMG).

Chakras are like electrical power plants where high voltage energy is transformed and distributed through a convergence of power lines. The etheric body interfaces with the physical body through these power distribution lines, these meridians. This energy network corresponds to the physical nervous system.

It is believed that the etheric body acts as an interface between the physical body and the other energy bodies (emotional, mental, and spiritual).

The conventional wisdom is that genes provide the blueprint for the physical body. However, groundbreaking research in molecular biology over the last couple of decades suggests otherwise. Although genes play a fundamental role in determining our physicality, the new field of *epigenetics* (epigenetic means "above the gene") has revealed another influence beyond the genes that determines whether or not a gene is used.

According to epigenetics, our genes are more like building materials than blueprints.

It could be that the true blueprint for the physical body is the etheric body, which may contain the energy/information instructions that determine what goes into the physical body's formation

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